

Summer Parent Workshops

June 11,13,18, 20 • 11 AM - Noon • Santa Rosa

Join Our 4-Part Summer Parent Workshop Series

Connect, learn, and grow
with other parents in this
free, supportive series.
Each session offers
practical tools and insights
for your parenting journey.

Topics include:

- Understanding trauma and breaking unhealthy cycles
- Communicating effectively with children and teens
- Building trust and practicing self-care
- Learning about local resources

Scan to sign up
or contact us!



Youth Connections Day Camp
Opportunity with Keystone
for 7th to 12th graders

To learn more
and register



All sessions are free, provided in English and open to parents and caregivers.
Childcare will be provided for children 2 years old to 11 years old.



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